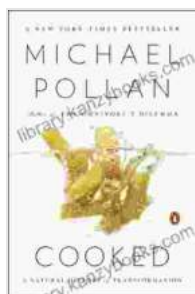


Cooked: A Natural History of Transformation



Cooked: A Natural History of Transformation

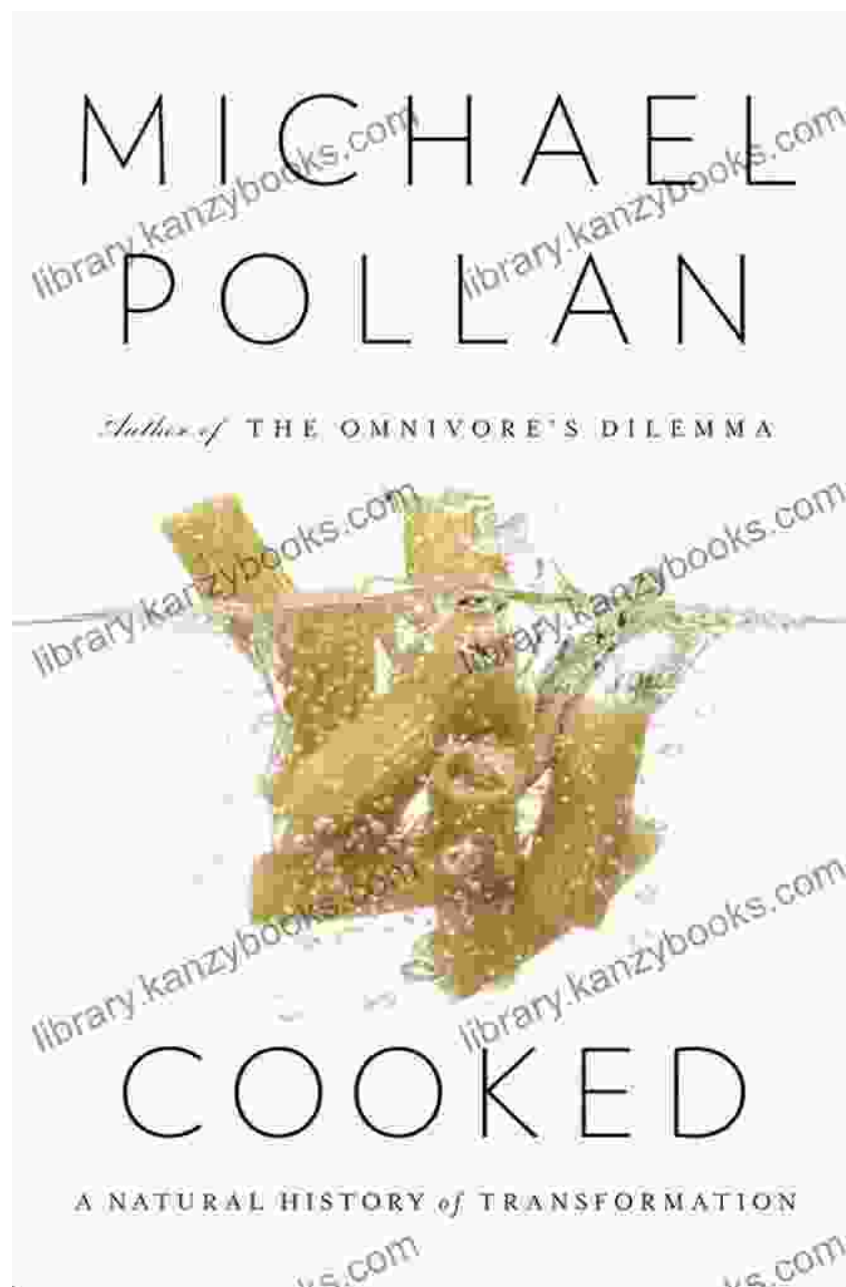
by Michael Pollan

★★★★☆ 4.6 out of 5

Language : English
File size : 2747 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 496 pages



By Michael Pollan



In *Cooked*, Michael Pollan explores the transformative power of the kitchen — a place where nature and culture collide, and where the most basic of human needs — nourishment — becomes a source of creativity and innovation.

Pollan traces the history of cooking from its origins in prehistoric times to its present-day incarnation as a global industry. Along the way, he examines

the role of cooking in human evolution, the science behind different cooking techniques, and the social and cultural significance of food.

Cooked is a multi-disciplinary masterpiece that combines science, history, and philosophy to create a captivating narrative about the role of cooking in human society. It is a must-read for anyone interested in food, cooking, or the human experience.

Reviews

"Pollan's writing is as engaging and thought-provoking as ever." — *The New York Times*

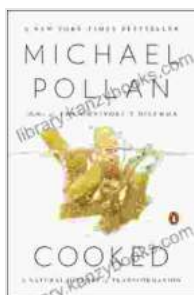
"A fascinating journey into the history and science of cooking." — *The Wall Street Journal*

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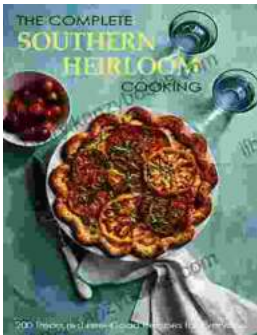
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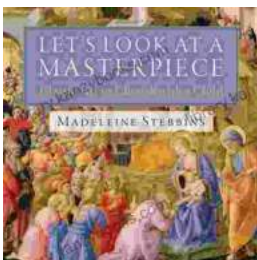
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