

Lazy Mom, Happy Kids: The Art of Un-Parenting



Lazy Mom, Happy Kids: For Mothers who want to make their children smile all day long, without making too much of an effort in the kitchen! by Luzia Simão da Silva

★★★★★ 5 out of 5

Language : English
File size : 11087 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 136 pages
Lending : Enabled



Are you a tired, overwhelmed mom who feels like she's constantly failing?

Do you wish you could just relax and enjoy your kids without feeling guilty? If so, then this book is for you.

Lazy Mom, Happy Kids is a revolutionary guide to parenting that will show you how to let go of the pressure and guilt, and focus on what really matters: your relationship with your children.

This book is not about condoning laziness or neglect. It's about giving yourself permission to be a real mom, with all of your flaws and

imperfections. It's about recognizing that you don't have to be perfect to be a good mom.

In this book, you will learn how to:

- Let go of the guilt and pressure of parenting
- Prioritize your own needs and well-being
- Set realistic expectations for yourself and your children
- Enjoy your kids without feeling like you're constantly failing

If you're ready to say goodbye to the guilt and pressure of parenting, and start enjoying your kids again, then read *Lazy Mom, Happy Kids* today.

What other moms are saying about *Lazy Mom, Happy Kids*:

"This book is a lifesaver! I'm a working mom of two young kids, and I'm always feeling overwhelmed and guilty. But after reading this book, I realized that I don't have to be perfect. I can be a good mom even if I don't do everything perfectly. And guess what? My kids are happier than ever!" - Sarah

"I've read a lot of parenting books, but this one is different. It's not about telling you how to be a perfect parent. It's about giving you permission to be yourself. I'm so grateful for this book. It's helped me to relax and enjoy my kids more than ever before." - Jessica

"If you're a mom who's feeling overwhelmed and guilty, then you need to read this book. It will change your life. I promise." - Emily

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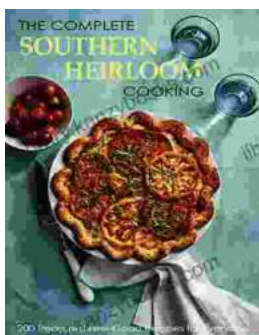
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