

People Like Us Make Food Like This: A Journey Through the Multicultural Flavors of America

A celebration of the diverse culinary traditions of America, featuring recipes from over 50 immigrant chefs and home cooks.



People Like Us Make Food Like This : Healthy and balanced recipes that are family approved!

★★★★☆ 4.9 out of 5

Language : English
File size : 11420 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 157 pages
Lending : Enabled



America is a nation of immigrants, and our food reflects that. From the tacos and tamales of Mexican immigrants to the sushi and ramen of Japanese immigrants, the flavors of the world have come together to create a uniquely American cuisine.

In *People Like Us Make Food Like This*, author Sarah Lohman introduces us to over 50 immigrant chefs and home cooks who are sharing their recipes and stories. These dishes are more than just food; they are a reflection of the cultures and traditions that have shaped America.

The book is divided into seven chapters, each focusing on a different region of the United States. Lohman travels to New York City, Los Angeles, San Francisco, Chicago, Houston, Miami, and New Orleans, meeting with chefs and home cooks from all over the world.

The recipes in *People Like Us Make Food Like This* are as diverse as the people who created them. There are dishes from Mexico, China, Japan, Korea, Vietnam, Thailand, India, Pakistan, Afghanistan, Iran, Iraq, Syria, Lebanon, Israel, Palestine, Turkey, Greece, Italy, France, Spain, Portugal, Brazil, and the Caribbean.

But what unites these dishes is their common thread of humanity. These are recipes that are made with love and care, by people who are proud of their heritage and eager to share it with others.

People Like Us Make Food Like This is more than just a cookbook. It is a celebration of the diversity of America, and a reminder that we are all connected through our shared love of food.

Recipes

The following are a few of the recipes from *People Like Us Make Food Like This*:

- **Tacos al Pastor** from chef Juan Carlos Gonzalez of Taqueria Diana in Los Angeles
- **Pho Bo** from chef Vy Nguyen of Pho 79 in Houston
- **Sushi Omakase** from chef Hiroo Nagata of Sushi Nakazawa in New York City

- **Lamb Biryani** from chef Masood Ahmad of Saffron Indian Bistro in Chicago
- **Falafel** from chef Yotam Ottolenghi of Ottolenghi in London
- **Paella** from chef José Andrés of minibar by José Andrés in Washington, D.C.
- **Tres Leches Cake** from chef Ana Sofia Pelaez of Mi Vida in Miami

Reviews

People Like Us Make Food Like This has received rave reviews from critics and readers alike.

"A beautiful and inspiring book that celebrates the diversity of American cuisine." - **The New York Times**

"A must-read for anyone who loves food and wants to learn more about the cultures that have shaped America." - **The Washington Post**

"A delicious and heartwarming journey through the multicultural flavors of America." - **Publishers Weekly**

Free Download Your Copy Today

People Like Us Make Food Like This is available now at all major bookstores. Free Download your copy today and start exploring the delicious diversity of American cuisine.

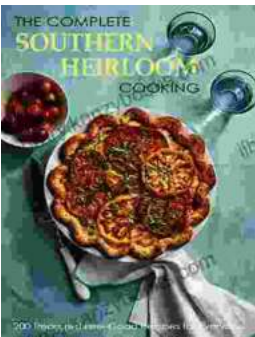
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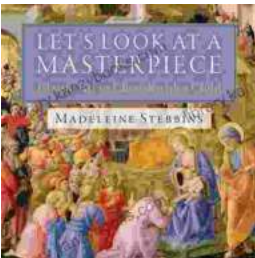


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