

# Sweet and Savory Ice Creams Worth Trying This Summer

Looking for a delicious and refreshing way to cool down this summer? Look no further than these sweet and savory ice cream recipes. From classic flavors like vanilla and chocolate to more unique creations like avocado and corn, there's something for everyone to enjoy. So grab a spoon and dig in!

## Sweet Ice Cream Recipes

- **Vanilla Ice Cream:** This classic flavor is a must-try for any ice cream lover. It's simple to make and can be enjoyed on its own or with your favorite toppings.
- **Chocolate Ice Cream:** Another classic flavor, chocolate ice cream is rich and decadent. It's perfect for a hot summer day or as a dessert after a meal.
- **Strawberry Ice Cream:** This fruity ice cream is made with fresh strawberries and has a sweet and tart flavor. It's perfect for a summer party or picnic.
- **Mango Ice Cream:** This tropical ice cream is made with fresh mangoes and has a sweet and tangy flavor. It's perfect for a refreshing summer treat.
- **Avocado Ice Cream:** This unique ice cream is made with avocados and has a creamy and rich flavor. It's perfect for those who love avocados or are looking for a healthier ice cream option.

## Savory Ice Cream Recipes

- **Corn Ice Cream:** This unique ice cream is made with fresh corn and has a sweet and savory flavor. It's perfect for a summer barbecue or potluck.
- **Tomato Ice Cream:** This savory ice cream is made with fresh tomatoes and has a tangy and refreshing flavor. It's perfect for a light summer lunch or as a side dish at a dinner party.
- **Cucumber Ice Cream:** This refreshing ice cream is made with fresh cucumbers and has a cool and hydrating flavor. It's perfect for a hot summer day or as a dessert after a workout.
- **Beet Ice Cream:** This earthy ice cream is made with fresh beets and has a sweet and earthy flavor. It's perfect for those who love beets or are looking for a unique ice cream experience.
- **Goat Cheese Ice Cream:** This savory ice cream is made with goat cheese and has a creamy and tangy flavor. It's perfect for those who love goat cheese or are looking for a sophisticated ice cream option.

## How to Make Ice Cream

Making ice cream at home is easier than you think. All you need is a few simple ingredients and an ice cream maker. Here's how to do it:



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★★★★★ 5 out of 5

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Enhanced typesetting : Enabled  
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## 1. Gather your ingredients. You will need:

- 1 cup of milk
  - 1 cup of heavy cream
  - 1/2 cup of sugar
  - 1 teaspoon of vanilla extract
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- Combine the milk, heavy cream, sugar, and vanilla extract in a bowl.
  - Pour the mixture into your ice cream maker and churn according to the manufacturer's instructions.
  - Once the ice cream is churned, transfer it to a container and freeze for at least 4 hours before serving.

### **Tips for Making the Best Ice Cream**

- Use high-quality ingredients. The better the ingredients, the better the ice cream will be.
- Don't over-churn the ice cream. Over-churning will make the ice cream grainy.
- Let the ice cream freeze for at least 4 hours before serving. This will allow the ice cream to firm up and develop its full flavor.

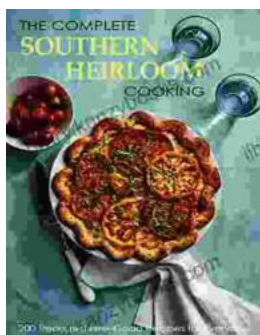
These sweet and savory ice cream recipes are the perfect way to cool down this summer. Whether you're looking for a classic flavor or something more unique, there's a recipe here for everyone. So grab a spoon and dig in!



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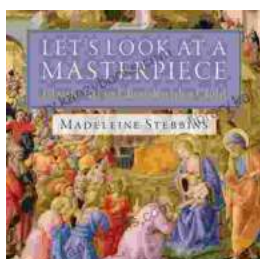
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